

SEPTEMBER 2023 2023年9月

Vol. 49 Issue 9

VOLUNTEER SERVICE AWARDS, CIRCA 1988



IN THIS ISSUE - VOL. 49 ISSUE 9

THANK YOU SID! シドさん、ありがとう。

NUIT BLANCHE 2023 AT THE JCCC ヌイ・ブランシュ 2023

FALL CLASSES 秋季クラスのご案内









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担当スタッフに直接ご連絡(スタッフリストはこちら)、又は、jccc@jccc.on.caまでEメールをお送りください。

一般的なご質問は、416-441-2345内線222に電話、メッセージを残してください。開館時間内(月~日、午前10時~午後8時)にご連 絡ください。

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YOUR NEWS IS WELCOME! 皆様からの寄稿をお待ちしております。

The submission deadline for the next issue is: Thursday, September 7, 2023.

次号締切日:2023年9月7日(木)

Please email to newsletter@iccc.on.ca Japanese Canadian Cultural Centre 6 Garamond Court, Toronto, M3C 1Z5 Phone: 416-441-2345 www.jccc.on.ca

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Photo, right: KPMB Architects

What's On at the JCCC

Upcoming Events / 近日開催イベント

Labour Day - JCCC Closed レイバーデー JCCC閉館

Monday September 4 · 9月4日 (月)

Wynford Seniors Bowling ウィンフォードシニア ボウリング

Mondays & Fridays, 9:30am・(月、金) 午前9時半 See page 21 for details. 詳細は21頁をご覧ください。

JCCC Karaoke Club · JCCCカラオケクラブ

Wednesday September 6 & 20, 10am 9月6, 20日(水)午前10時

Sumi-e Workshop - Meditation with a Brush 墨絵ワークショップ:メディテーション・ウィズ・ブラシ

Saturday September 9, 9:30am to 12:00pm 9月9日(土)午前9時半~12時

See sumieartistsofcanada.org for details. 詳細は:sumieartistsofcanada.org

Arigato Day · ありがとうデー

Sunday September 10, 3pm・9月10日 (日) 午後3時 See page 14 for details. 詳細は14頁をご覧ください。

JCCC Family & Friends Golf Tournament JCCCファミリー&フレンド・ゴルフトーナメント

Sunday September 17, 8:30am 9月17日 (日) 午前8時半

See page 23 for details. 詳細は23頁をご覧ください。

September Film Screening · 月例映画上映会

Thursday September 21, 7:00pm 9月21日 (木) 午後7時

Bring Minyo Back, see **page 7** for details. 「ブリング・ミンヨー・バック」詳細は**7頁**をご覧ください。

Nuit Blanche・ヌイ・ブランシュ

Saturday September 23 until Sunday September 24, 7pm until 7am 9月23日(土)午後7時~24日(日)午前7時

See page 9 for details. 詳細は9頁をご覧ください。

Ikenobo Ikebana Society of Toronto 60th Anniversary ・ 池坊いけばなソサエティ60周年

Sunday September 24, 1:00 pm to 4:00 pm 9月24日 (木) 午後1時~4時

See page 22 for details. 詳細は22頁をご覧ください。

JCCC Annual General Meeting · JCCC年次総会

Monday September 25, 7:30pm 9月25日 (月) 午後7時半

See page 8 for details. 詳細は8頁をご覧ください。

Issei Day・一世の日

Sunday October 1, 2pm · 10月1日 (日) 午後2時

See page 11 for details. 詳細は11頁をご覧ください。

Ongoing / 開催中

JCCC Library · 図書館

The Library is now open (4 days/month).

Please check the JCCC website for the schedule of this month.

JCCCライブラリーは現在不定期で月に4日程オープンし、貸出/閲覧が可能です。スケジュールはウェブサイトで確認してください。

ライブラリーでは閲覧日、貸出日にお手伝いくださるボランティアを募集しています。ご興味のある方(要、日本語)はharukoi@jccc.on.caまでご連絡ください。

Exhibitions • 館内展示

Moriyama Nikkei Heritage Centre 森山日系へリテージセンター

Maru: Immigration Stories.

Contact heritage@jccc.on.ca for a guided tour.

丸:日系移民物語。ツアーガイドをご希望の方はheritage@jccc.on.ca までご連絡ください。

Heritage Hallway ・ヘリテージホール

60 Years of Friendship Through Culture 文化が育んだ60年のフレンドシップ

May 2023 to June 2024 • 2023年5月~2024年6月

JCCC Gallery · JCCCギャラリー

JCCC Gallery York Wilson・JCCCギャラリー: ヨーク・ウィルソン August 1 to September 3・8月1日~9月3日

Coming Soon in the JCCC Gallery

Unchanging and changing and changing, a solo exhibition by Alexa Kumiko Hatanaka

Opening October 2023!

See page 16 for details. 詳細は16頁をご覧ください。

Contact the JCCC・お問合せ

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担当者がお分かりの場合は担当者へ直接、もしくは受付jccc.on.caに Eメールをお送りください。

一般のお問合せは、開館時間内(午前10時から午後5時)に受付までご連絡ください。

WELL DONE SU YEN!

We congratulate our Heritage Manager – Exhibition and Research Su Yen Chong as she takes the next step on what is sure to be an extraordinary career. Su Yen starts her PhD in Art History at the University of Toronto in September.

In her 4 $\frac{1}{2}$ years at the JCCC she has made invaluable contributions to the development of our heritage program with the curation of our current permanent exhibit, Maru – Immigration Stories as well as many well received and acclaimed exhibits in both the Moriyama Nikkei Heritage Centre and the JCCC Gallery. Her efforts to raise the awareness and broaden access of our oral histories – the Sedai Project – through the monthly Kokuban publication has built an international presence for the JCCC.

Her great success was based not only on her hard work, creativity and expertise. Her sparkling personality and warmth charmed everyone she came into contact with. She engaged the community and our volunteers, built new relationships with cultural organizations internationally, and created a fun and collaborative working environment for the other staff members. We will really miss her, but she promises to visit and participate in JCCC events often so it's not good-bye Su Yen; just good luck and see you soon. Thank you for everything!







TORONTO JAPANESE FILM FESTIVAL 2023:OUR BIGGEST AND BEST YET!

We are very pleased to report that the 2023 edition of the festival was a great success with many full-house screenings and ticket sales which eclipsed our previous 11 years. Post-pandemic audiences returned en masse, enjoying the films, performances, food as well as offering warm welcomes to our guests. Popular director Shoichi Okita visited Canada for the first time for a premiere of his charming film THE FISH TALE.

The Grand Jury Prize for Best Film winner is Kei Ishikawa's A MAN. Adapted from Keiichiro Hirano's novel, this searing investigation into the themes of identity and the nature of happiness won Japanese Academy Awards for Best Film, Best Director, Best Screenplay, Best Actor, Best Supporting Actor and Actress. Yuji Nakae's THE ZEN DIARY and Sho Miyake's SMALL, SLOW, BUT STEADY tied for first runner-up. The Kobayashi Audience Choice Award was taken by Keiichi Hara's latest anime masterpiece, LONELY CASTLE IN THE MIRROR.







THANK YOU SID!

The JCCC was honoured to be the venue for Sid Ikeda's Celebration of Life on July 19. The event filled the Kobayashi Hall; speakers from various organizations Sid supported spoke about the great man, and the sounds Sid's harmonica filled the room. It was a beautiful send-off to an unforgettable and irreplaceable friend and member of the community. Gary Kawaguchi spoke on behalf of the JCCC and his words perfectly capture what so many of us feel:

"I am deeply honoured to be able to thank Sid for a life well lived. Sid was a rare human being that took compassion and volunteerism to new heights. Known, admired, loved and respected by such a wide audience from religious leaders, politicians, corporate executives, and so many other communities. Sid knew everyone and he treated everyone as a friend.

Sid represented the Japanese Canadian Cultural Centre,

Toronto Buddhist Church, and Momiji Healthcare Society but really he was so much larger than that. Sid poured his heart into the Rotary Club, CMC Asians in Ontario, World Interfaith, Metro Toronto and York Region Police, Yee Hong, Hiroshima and Nagasaki Coalition against Nuclear Weapons and so many more. Whenever there was a natural disaster anywhere in the world, or a senseless act of racism against any community, Sid's reflex was to reach out and help.

Sid spoke from the heart. His emails always ended:

"With love respect and appreciation"

Have a beautiful day"

Sid would always say that it was better to give than to receive. Sid was like the Energizer bunny, the best salesperson for any fundraising event or capital campaign, leading the charge in any walkathon or climb of the CN Tower, or gala in need of selling tables. Celebrating birthdays and attending funerals. I don't know how many funerals he attended but it was probably every one in the Japanese Canadian community for decades whether he knew the family or not, and so many others in his broader circle of friends. He went to all of them to show his love and respect and I heard so often how much that was appreciated.

I would be remiss if I did not thank Marie who was married to Sid for 62 years and was at his side for everything that he did. Sid was strong minded but he told me that he always listened to Marie. Marie, you and Sid were a wonderful team and great leaders of the JCCC. Sid loved his family. I remember going to his daughter Carole's funeral so many years ago and knew that it was family that gave him the energy to accomplish so much.

David and Laurie, your father was a giant. Sid rest in peace. You will be forever remembered. Like so many others, I owe you a big thank you for getting me involved in so many wonderful things

With love, respect and appreciation."







SEPTEMBER MOVIE: BRING MIN'YO BACK!

Thursday September 21, 7:00pm

Admission \$8.85 +HST (\$10) JCCC member; \$10.62 +HST (\$12) non-member

Yuji Moriwaki's delirious documentary follows the Minyo Crusaders, a group of passionate neo-traditionalists and their mission to save Japanese Min'yo folk songs from extinction and bring them to the world. The Tokyo-based band blend Latin and Afro flavours into unique arrangements of the traditional Japanese folk genre now at risk of extinction. For many in Japan, minyo is "lost music." In this film, director Yuji Moriwaki takes an up close and personal look at the musicians figuring out together how to reconstruct the art form, and the process of how to "bring minyo back" to contemporary audiences.









Natsu Matsuri/ Bon Odori Festival: Thank you!

The last minute change in weather didn't dampen our souls on Saturday July 8th. Vendors were back in full force this year with delicious food and beautiful artisanal booths. People wrote their wishes on the Tanabata trees, and the kids game booth was lively with yoyo balloon fishing and goldfish scoop games.

We want to thank every single person that came despite the rain, making this year a special one. The odori performances and bon odori happened inside this year, but by the end of the night, you could feel the positive energy coming out from Kobayashi Hall. Special thanks to our wonderful vendors, the Toronto Buddhist Church, the Deputy Consulate General of Japan, all our wonderful volunteers, dancers, and to Constantin (our dedicated A/V technician extraordinaire!). We'll see you next year!

JCCC Annual General Meeting Notice

The membership of the Japanese Canadian Cultural Centre is hereby given notice of the 2023 Annual General Meeting on Monday September 25 2023 at 7:30pm at the JCCC, 6 Garamond Court, Toronto ON M3C 1Z5.

This meeting will be in person with the health directive guidelines being followed.

Any member who is unable to be present in person can sign a Proxy Form.

Members may only vote in person or by completing the Proxy Form. The Agenda and Proxy on-line form can be found at https://jccc.on.ca/agm-2023-proxy, or by following the QR code.



For any questions, please contact JCCC Board Secretary Sharon Marubashi at sharon.marubashi@iccc.on.ca.



Photo credit: Johnny Ngheim

Land, Water and Washi - Nuit Blanche 2023 at the JCCC

September 23, 2023 - 7pm - 7am

We are excited to be participating in Nuit Blanche again for 2023! Our theme, Land, Water and Washi will highlight the artwork of our 2 featured artists – Alexa Hatanaka in the JCCC Gallery with Unchanging and changing and changing, and Elysha Rei in the Heritage Hallway with The Strength in Sixty Sakura. Gather at the JCCC to experience Alexa Kumiko Hatanaka and Elysha Rei's artwork, which explore communal memories through the use of paper as a medium.

Unchanging and changing and changing, a solo exhibition by Alexa Kumiko Hatanaka features sculptural and wearable paper pieces, often multi-faceted printed and dyed patchworks, sewn from handmade Japanese paper. Hand-cut in paper The Strength in Sixty Sakura by Elysha Rei represents the resilience of Japanese Canadians, captured in the history of the JCCC.

In addition to the exhibitions, we will be featuring Poetry Readings, Lantern Making Workshops and more! Visit the JCCC website for workshop registration and full details!

The JCCC will be open for Nuit Blanche from 7pm to 7am alongside the rest of the city of Toronto that will activate for a night of celebrating connections.



Photo credit: Johnny Ngheim







Supported by The Consulate General of Japan | The Japanese Canadian Cultural Centre | The Japan Foundation, Toronto

Issei Day - A Tribute to the Seniors of our Community

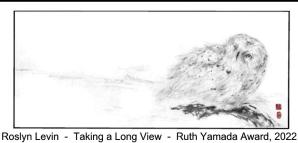
The Board of Directors of the Japanese Canadian Cultural Centre extends an invitation to Issei Day on Sunday October 1, 2023, and would like to welcome all who are 70 years of age and older. This year will be the 61st year of celebrating Issei Day! We are so excited to welcome you back with a day full of activities, with entertainment of songs, odori and sinq-alongs. As usual there will be a wonderful and tasty bento served during intermission. The program begins at 2pm and concludes around 4:30pm. To accommodate everyone with seating and a bento, we require that everyone pre-register. Registration will open on September 1 and the deadline will be Friday September 22. Please check our website later in August for more information. It is wonderful to see so many of our seniors come to this event but there is a maximum capacity to ensure everyone can sit, relax and enjoy the afternoon, so don't delay - register today! We look forward to seeing you.

Issei Day Committee





Photo credits: Yosh Inouye





Annual Exhibition & Sale Oriental Brush Paintings

Saturday, November 11 & Sunday, November 12 12:00 noon - 5:00 PM

JAPANESE CANADIAN CULTURAL CENTRE

OFFICIAL EXHIBITION OPENING CEREMONY Saturday, November 11, 2023 - 1:00 PM



TEA ROOM & FREE ADMISSION For Further information 905-882-9433 / gbist@rogers.com

JCCC CHADO classes Fall 2023

This fall JCCC Chado Club is accepting beginner students for the basic course as well as experienced students who have taken JCCC chado courses before for the intermediate course.

Students will learn procedures for making tea as well as how to integrate the spirit of tea into their study and daily lives.

BASIC COURSE (5 classes)

Date: Sundays, Sept. 10, 17, 24, Oct. 1, 15

Time: 10:00 am~1:00 p.m. Course Fee: \$105 + HST

*Required items such as Fukusa set can be borrowed from teachers during the basic course. Students who wish to continue taking courses after the basic course need to purchase them.

Attire for all classes: Casual Western clothes. Kimono is not required for the class, but participants need to bring an extra pair of socks (preferably white) or tabi to change into once they arrive in class.

Current JCCC Membership and Cultural Class Registration is required. Visit https://jccc.on.ca/programs/cultural-classes/cultural-classes or scan the QR codes below for the correct forms.





Cultural Class Registration

JCCC Membership

INTERMEDIATE COURSE (9 classes)

Schedules/details will be sent to JCCC former students by email in September.

Martial Arts News

September signals the beginning of the 2023-2024 Series of Martial arts programming. This does mean that there are some changes coming up.

First, all registrations this Fall will include a renewal of your registration packages. We renew these packages each year to keep your information up to date.

The JCCC will also be implementing yearly program fee increases. We have tried to keep this as low as possible and are only raising this year's fees at the cost of living rate. Fees are adjusted as follows:

September is registration month for JUDO and KENDO.

Martial Art	Type	2022-2023 Series Fees	2023-2024 Series Fees
Aikido, Judo, Karate, Kendo	Adult (15+ years)*	\$250.00	\$265.00
laido, Jodo, Naginata	Adult (15+ years)*	\$175.00	\$185.00
Kyudo	Adult (15+ years)*	\$150.00	\$160.00
Joshi Judo	Adult (15+ years)*	\$135.00	\$145.00
All classes	Child (up to 14 years)	\$135.00	\$145.00
	*plus HST		

JCCC Judo Kai News

The JCCC is happy to share some big changes to the JCCC Judo Kai. We welcome Shane LeGros as our new head instructor.

LeGros-Sensei is a Kodokan certified Godan (5th degree black belt) who trained in Japan for nearly 20 years. He was a member of the Mie Budokan competition team for 17 years having competed in well over 50 senior division tournaments in Japan with many noteworthy results. LeGros-Sensei was a youth program Assistant Instructor in Japan at the Mie Budokan for over 15 years, has 17 years of Police/Corrections Judo training in Japan at the Mie Prison Dojo, and also trained regularly with the Kogakkan University Judo team. In addition, LeGros-Sensei is a Canadian NCCP level 2 certified Dojo Instructor, nationally certified Kata Judge for Ju-no Kata, an All-Japan Judo Federation National "C" Referee, and a Judo Canada kata medallist selected to represent Canada in Kime-no Kata at the World Judo Championships in Abu Dhabi later in 2023.

LeGros-Sensei has already started working with all of the instructors and the JCCC administration on implementing some changes to enhance our Judo program. We hope that everyone joins us in welcoming his leadership to our program.

As these changes take place, the JCCC would also like to extend a HUGE thank you to two Senior Instructors who will be taking a step back from their leadership roles: Head Instructor Ken Fukushima and administrator Russ Takashima.

Fukushima-Sensei has influenced the JCCC Judo Kai program as the head instructor since 2004. His leadership has been responsible for beginning

the development of many high caliber international judoka including JCCC instructor Shujon Mazumder and brothers Shady and Mohab El Nahas.

Takashima-Sensei has been providing the administrative back up for the JCCC Judo Kai for the just as much time as Fukushima-Sensei has led the program. He has been a huge support to the JCCC Administration since the re-opening of programs following the Covid closures.

Both Fukushima-Sensei and Takashima-Sensei spent numerous hours of their time, both on and off the mat, leading the JCCC Judo Kai program. We cannot thank them enough for their commitment and dedication. We look forward to their continued participation in our program as valued instructors.

Ken Fukushima (on the left) and Russ Takashima (on the right)











A VOLUNTEER APPRECIATION EVENT

BINGO • JCCC TRIVIA CONTEST • DINNER • OVSA CELEBRATION

SUNDAY, SEPTEMBER 10 3:00 PM - 7:00 PM JCCC KOBAYASHI HALL

SCAN QR CODE OR

VISIT https://jccc.on.ca/join-support/volunteer TO REGISTER

REGISTRATION DEADLINE: SEPT 1, 2023



Farewell to our Heritage Summer Contractors

This summer, we were incredibly lucky to be able to hire four Summer Contractors to work on projects with us, through funding from the Young Canada Works, Canada Summer Jobs and Student Experience Program granting bodies. Aline, Emma, Kei and Yousef worked on a variety of projects including Sedai work, Digitizing collections, a storage improvement study and exhibiting work created through our York University partnership. We asked each of them to write a little bit about their summer experience.

Aline

Working at the JCCC has been a fulfilling and exciting experience for me. The JCCC staff, volunteers, and wider community are all incredibly welcoming and supportive. As someone who is entering their first year of an MA in History program this fall, the work that I performed in role as a Collections Assistant was a rare and valuable opportunity that has made me more confident with working with archives. I also had the chance to make so many great connections while helping with events such as the Toronto Japanese Film Festival and Natsu Matsuri. I learned a great deal about Japanese culture and traditions, and I hope to continue to learn from community members when I volunteer for future events!



Aline, Yousef, Kei and Emma

Emma

As my contract at the JCCC is coming to an end I feel immensely grateful to be hired and welcomed into the Heritage Department once again. Two years ago I was hired as an Archive Assistant while the Centre was still in COVID operations, I feel lucky to have been hired a second time and see the Centre in full swing. Thank you to all the staff and community for being so welcoming during my time here, I enjoyed listening to all your stories over the last two months. There really is something so special about this Centre, I find that just like last time I have learned so much and feel inspired by the efforts and spirit of the people here. I will carry these experiences forward as I enter my Anthropology MA in the fall!

Kei

My time at the JCCC has been an amazing experience. This opportunity has given me the chance to contribute to archiving and sharing my cultural heritage. As someone volunteering for events at the JCCC, it was a great and insightful experience to be on the other side of things. Not only was I able to meet and be a part of the JCCC staff community but I was also to see all the hard work that goes behind the scenes to make such amazing events. Thank you to all the welcoming staff and volunteers who truly made this summer opportunity an incredible experience.

Yousef

My time at the JCCC this summer was easily one of the most gratifying work experiences I've had in my career. From my very first day, I've gotten to enjoy the warm and welcoming grasp of the JCCC and its wider community. There are not enough words to describe the insightful workplace experience I gained here and the wonderful people I got to meet and work with. Yet most notably, I felt that through learning of their culture, history, and strength to persevere with such prosperity, my bond with the Japanese Canadian community skyrocketed. The staff, the volunteers, and everyone else involved with the JCCC are unbelievably kind-hearted and while my term here may be over, I easily see myself being involved with the JCCC again in the future.

I hope to see you all again soon!

Please join us in thanking them for all of the hard work that they put in over the summer, as well as thanking our granting bodies for the funding which makes these positions possible.



EXHIBITION

"Unchanging and changing and changing" is a solo exhibition and live performance by Alexa Kumiko Hatanaka that features wearable paper artworks that are imbued with the life of the performers alongside the histories of craft and place that inform them.

A reflection on well-being and selfhood, the works unite and contrast needs for protective armours and "inverse armours," the latter activated by dance, music and friends to encourage expression and joy. Hatanaka reflects on personal aftershocks from tsunamis, both real and metaphorical. Her work integrates her formative childhood experience in dance at the Japanese Canadian Cultural Centre and is steeped with her recent time spent at a fourth generation paper mill in Japan. Her ethereal work collapse time and string together interconnected histories held within the threads, repairs and fibres of her practice: ancestral ties; the lineage of printmaking, inks and natural dyes; personal narratives incorporating past printmaking blocks; and scraps of papers sewn into the next and the next work.

OPENING NIGHT & LIVE PERFORMANCES

THURSDAY 12 OCTOBER 2023
JAPANESE CANADIAN
CULTURAL CENTRE:
KOBAYASHI HALL

FREE ADMISSION CASH BAR

EXHIBITION ON VIEW ARTIST IN ATTENDANCE

6:30 pm Doors open

7:00 pm Benja and Peach Luffe, live musical performance in washi wearables

"Unchanging and changing and changing", a collaborative performance with Taiko drummers Jody Chan & Wy Joung, and Nihon Buyo dancers Danie Ne Yamashita & Katherine Yamashita in washi wearables

8:30 pm After party & artist's birthday party

DJ Velma and more to be announced

DD

Opening night begins with musicians Benja and Peach Luffe performing in custom washi wearables by Hatanaka.

Next, a live performance of the same name accompanies the exhibition, in which Taiko drum and dance performers will also be costumed in the artist's washi wearable artwork.



DONATIONS TO THE JCCC

AS OF AUGUST 3, 2023

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

JCCC		Mr. Stephen Lau	100	Mr. Cary Takagaki	100
Anonymous	47	Mr. Anthony &	60	Mr. Terence Takashima	45
Anonymous	10	Mrs. Mariko Liliefeldt		Mr. Akihito Takemoto	66
Anonymous	300	Mr. Anthony Lisanti	150	Mr. Yukio Tannoch	100
Mr. Hamidou Abocar	10	Mrs. Jane Liu	50	Mr. Raj Thavaratnasingham &	10
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Mr. Philip Andrada	20	Mr. Steve McFarlane	200	Mr. George Tsushima	100
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APRIL 1, 2020 TO PRESENT

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Groups

Checkmate Development Crow Creek Settlement Reunion Hanayagi Essay Group

JFT Library News

Join us to welcome TIFA 2023 Japanese guest author!

A renowned Japanese author will be featured at the Toronto International Festival of Authors (TIFA) taking place September 21 – October 1st! In conjunction with TIFA, the Japan Foundation, Toronto is hosting a variety of programs, including JFT Book Club, an in-person speaking event with the author, and more. Keep an eye on our website for the highly anticipated reveal of the author's identity and event schedules! https://tr.jpf.go.jp



Borrow Japan-related books, ebooks, audiobooks, and films from The Japan Foundation, Toronto Library!

Our collection covers a wide range of themes and topics, including:

Satellite Love [Physical Book] by Genki Ferguson

- Long for the stars with this moving novel about loneliness, friendship, and the human need for connection! *Galaxy Express 999: TV Series* [Blu-ray] by MATSUMOTO Reiji
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The Decagon House Murders [Physical Book & Ebook & Audiobook] by AYATSUJI Yukito

- Immerse yourself in a gripping mystery with a milestone in the history of detective fiction and many more!

A Bowl Full of Peace [Ebook] by Caren Stelson and KUSAKA Akira Kusaka

- Get inspired by a heart-wrenching yet powerful picture book that not only sheds light on the horrors of nuclear weapons but also reminds us of the resilience of the human spirit.

Access JF Canada Digital Library for ebooks and audiobooks: https://libbyapp.com/library/jf Visit JFT Library for physical books and audio-visual materials: https://tr.jpf.go.jp/jft-library-visitor-policy/

To get a new library card or to renew your existing JFT Library card, please follow the instructions here: https://tr.jpf.go.jp/library/collection-and-services/

JFT Volunteer Opportunities

Gallery Volunteer

The Japan Foundation, Toronto is looking for volunteers to help with our Gallery. Shifts take place on Tuesdays, Thursdays & Fridays between 11:30 am & 4:30 pm for roughly 2.5 hours each. Tasks include greeting visitors, answering basic questions, and monitoring the safety of artwork at the JFT.

Online Japanese Conversation Volunteers

We are looking for volunteers with exceptional Japanese language skills (native level preferred, or at least JLPT N2 level) to help with our Virtual Study Space. As a Japanese Conversation Volunteer, you will be participating in group discussions with our students in Japanese, and answering questions regarding Japanese language/learning in a friendly manner.

For application details visit: https://tr.jpf.go.jp/about-us/volunteer/



Wynford Seniors Bowlers Needed!!!!

The Wynford Seniors Bowling League is currently looking for new 5 pin bowlers, age 55 and over, to join their fun-filled and non-competitive league. No experience is necessary, as handicaps are calculated at the beginning of the season.

Bowling is either on Monday or Friday mornings, from 9:30 until noon, starting in September. Playoffs are in late April, and the season concludes with a scrumptious buffet banquet and awards ceremony in early May.

The alley is located at Parkway Bowl, east end of Parkway Plaza, 67 Ellesmere Rd in Scarborough.

All you need to join is a Wynford Seniors membership! Fees are \$12 per week plus we collect fees for our Christmas and Year End tournaments.

For more information or to join, please contact Dawna Kobayashi at 416-407-8102. The deadline to join is August 1 2023.





Back2feet & iA Private Wealth in Virtual Tie for First

With one week remaining in the JC3-Pitch regular season, 1st place is on the line in the final game of the season between Andrew Lok's Back2feet squad and Tod Nagamatsu's iA Private Wealth team, with the winner taking 1st overall. Both teams feature strong defenses and a potent offense. A pair of recent wins has helped wrap up 3rd place for the Thornhill Sluggers captained by Justin Ogino. Nick Chung's Thornhill Toyota team deserves better than their record indicates, having lost 3 of their past 5 games by 1 run and another game by 2 runs. Play-offs begin on August 20th and it's a whole new season where anything can happen and upsets often occur.

The league would like to thank the captains for their volunteerism and their sponsors; Back2feet (Andrew, Gar and Yim Lok), iA Private Wealth (Martin Kobayashi), Thornhill Toyota (Chad Howson) and Thornhill Sluggers (Larry Kimura) for their continued support to the success of the league.

Website: www.JC3Pitch.com

JC3-Pitch Standings as of June 27, 2022

Team	Wins	Ties	Losses
Back2feet	7	0	2
IA Private Wealth	6	1	2
Thornhill Sluggers	3	0	6
Thornhill Toyota	1	1	7

Attached Photo:

Team Thornhill Toyota Following the Action (Left to Right): On Bench: Andrew Mun-Shimoda, Glenn Shimoda, David Wesseling, Dan Reid, Garrett Amemori, Nick Chung and Bob Doi. Standing: Darryl Hayashi, Abbas Noor

and Hubert Chen. Submitted by Bob Doi

26 Bluebell Drive, Markham, ON L3S 3P5 905-472-2727 Home, RobertDoi@hotmail.com



Toronto Fukuoka Kenjinkai AGM and Social

After a few years of hiatus due to the pandemic, the Toronto Fukuoka Kenjinkai's annual AGM and Social is returning to the Japanese Canadian Cultural Centre on Sunday, September 17, 2023. The AGM begins at 1 p.m. and it will be followed by our fun-filled social portion and bento time until 6 p.m. We will have bingo, fukubiki and entertainment with odori and karaoke. We will also dance Tanko Bushi together for those who want to join in. A delicious bento will be sold for \$20 for members and \$25 for non-members. Members 80 years old and older will receive a free bento. Membership costs \$5 per person and can be purchased on site. Bring your family and friends for an exciting afternoon and wonderful opportunity to mingle with friends new and old. You do not have to be a member or have roots in Fukuoka to take part. Everyone is welcome. Please let us know in advance if you would like to take part in our entertainment portion (karaoke, dance, etc.). If you plan to attend, please RSVP to Hana (647-269-3998) or Mika (mfukuma@gmail.com) by September 11, 2023. We hope to see you there! Please also take a look at our website at http://toronto-fukuoka.ca.

トロント福岡県人会定期総会と親睦会

パンデミックでトロントも大変なことになっていたためお休みしていた福岡県人会の定期総会と親睦会が9月17日(日)に日系文化会館に戻ってきます。定期総会は1時から始まり、続いて楽しい親睦会とお弁当タイムが6時まであります。ビンゴ、踊り、カラオケ、福引など予定してますので興味がある方はぜひ友達と家族を連れて参加してください。お弁当代は会員\$20、非会員\$25です。80歳以上の会員はお弁当代が無料です。会費は\$5で当日お求めください。福岡出身の方、福岡に縁がある方、福岡が好きな方、福岡に興味がある方、友達を作りたい方、楽しい日曜日を過ごしたい方、誰でも参加できます。踊り、カラオケなどで参加希望の方は事前にお知らせください。要予約ですので富永(647-269-3998)または福間(mfukuma@gmail.com)に9月11日までにご連絡ください。ホームページにも遊びに来てください。http://toronto-fukuoka.ca





Sunday, September24,2023 1:00 pm to 4:00 pm

Japanese Canadían Cultural Centre 6 Garamond Court, Don Mills (Wynford Dr. & Don Valley Pkwy)

Demonstrations

Tea & Refreshment

Ikebana Displays

Admission \$10.00 at the door

健やかな老後をめざして その65 - シニアはそれほど"かよわい存在"ですか!?

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

この春、久しぶりにふるさと大分へ帰省しました。COVID-19の影響により 長期に帰国しておらず、諸々の要件を処理する必要があって銀行に出かけま した。ところが、ATMでいつも使っている振り込みカードが作動しません。そ れで、直接に窓口業務に行き「振り込み操作をしたのですが、このカードで 振り込みはできないと拒否されました。どうしたのでしょうか?」と尋ねると 「ある年齢以上では、一定期間使用していないとブロックされます」との返 答。「ある年齢とは何歳ですか?」「70歳以上です」。

窓口担当者の説明した意味がすぐには呑み込めませんでした!振り込め 詐欺などの被害が多いので、シニアを守るための対策でしょうか?しかし、それって何だかおかしくありませんか?そのこと自体が、シニアにとっての便利 さや権利を奪っていませんか?実際、振り込むたびに老眼鏡をかけ、申し込み用紙になが一い振込先や名前を漢字で書く手間を省きたいがために、特定の振り込みカードを作っているのですから……。

どうしても心に引っかかり、ついつい言葉にしてしまいました。「受付のあなたに文句を言うつもりはありません。でも、70歳以上のシニアのひとりとして感じたことを話させてくださいね。お金に関わる様々な詐欺からシニアを守りたいという点は理解します。でも、若者でもネットを通して詐欺にあったり、お金をうまく管理できない人はいます。シニアでも詐欺対策をきちんと行い、若者以上にうまくお金を管理できる人もいます。個人的には、その能力が若者に劣っているとは思いません。70歳という年齢で一律に拒否するのはおかしいと思いませんか?本人に説明がなく、しかも了解をえずにブロックするなん

て納得できません。ある意味では、シニアの尊厳を無視しているとも言えますね。私は外国に住んでいますが、70歳以上だからと言って、このような取り扱いを銀行で受けたことはありません。ですから、正直な今の気持ちをお伝えしています。どうか上司の方に客の意見としてお伝えください」。

社会に生じる様々な問題を解決するためにはいろんな対策が大事です。しかし、年齢だけに注目し、シニアを守ろうとするのはやはりおかしいな、と思ってしまいます。そこには、「70歳以上」をひとくくりにし、個人よりも「ある特定の集団」に視点をおきがちな日本社会の風土を感じます。

守られることはとても有難いことです。それに異を唱えるつもりはありません。個人で意思決定し、行動に対する責任をもたねばいけない生活よりもきっと安心で楽なものでしょうから。しかし、そういった状況は、気づかぬうちに様々な精神身体活動の制限をシニアに与える風土を醸成することにつながっているかもしれません。

ただただシニアと言うだけで特別扱いをしないでください。NHK朝ドラ「らんまん」の土佐弁ではないですが……「年寄りじゃぁゆうて なめ(無礼)ちゃあ いかんぞね!」

牡丹 松 夢の世界へ 我さそう 散り菊はかなし 線香花火

JCCC Family & Friends Golf Tournament [SOLD OUT] - Sunday September 17, 2023

The 25th Annual Family & Friends Golf Tournament will be on Sunday September 17, 2023 at Rolling Hills Golf Club.

This is a chance for families and friends to share a fun day of golf – all skill levels welcome and there are lots of prizes to be won! After a great day of golfing, there will be presentations and dinner back at the JCCC. We encourage everyone to join with grandparents, aunts, uncles, brothers, sisters, moms and dads, or just a group of friends. Will have an early Shotgun format (8:30am) based on Rolling Hills new rules and all teams will be scramble play.

The application form is included in this edition or pick up one up at the JCCC Reception area. We encourage and welcome hole sponsors – corporate or family - some sponsor levels include your green fees and contributes to our Heritage programming at the JCCC. We also will be having "In Memoriam" sponsored holes. Donation of prizes are always much appreciated. We are so appreciative to have our biggest sponsor, IA Private Wealth (Marty Kobayashi) confirmed again. So please come on out for a fun day!!!!! For more information, please contact Co – chairs - Sharon Marubashi at sharon. marubashi@jccc.on.ca or Dawna Kobayashi at dawna.kobayashi@sympatico.ca.

COMMUNITY

JSS Web Page: https://jss.ca/



JSS プログラム:2023年9月

2023年9月に予定されている JSSのプログラムです。詳細やお申込みは JSS ウェブサイト、または416-385-9200、programs@jss.caまで。

(1) モミジ&JSSオンライン講座シリーズ

※登録可能な講座・過去の講座一覧などシリーズ情報は、JSSウェブサイト: モミジ・JSS:オンライン講座シリーズをご覧ください。

「高齢者と介護者の心臓の健康」

9月13日(水) 15時(英語·日本語通訳付)

心臓病の要因は様々で、病気になるリスクを下げ、症状を悪化を防ぐための正しい知識を身につけることが大切です。この講座では、心臓の健康とは、危険因子、予防、血圧測定、高血圧の合併症について学んでいきます。

※詳細・お申込みはJSSウェブサイト、またはprograms@jss.caまで

「薬の安全な使用法」

9月27日(水)15時(英語·日本語)

薬の不適切な使用は、健康と安全を損なう可能性があります。安全な薬の使用 について学ぶことは、危害を防ぎ、自分や周囲の安全と健康を守ることにつな がります。本セミナーでは安全な薬の使用について学んでいきます。

※詳細・お申込みはJSSウェブサイト、またはprograms@jss.caまで

(2)JSS シニア・プレシニア向けプログラム

1. こんにちは(フレンドリー訪問)プログラム

どのコミュニティーにも、高齢化、心身の不具合などの理由で孤立した生活を余儀なくされている方々がいます。こんにちはプログラムはそのような方々を定期的に訪問して、孤立した状況を少しでも和らげ、コミュニティー参加の機会を作ろうとするものです。訪問は、プログラムの意義を理解し、訪問者としての心得や対応法を身に着けたJSSボランティアによって行われます。

※ お申込み・お問合せは、programs@jss.caまで。

2. やさしいシニアヨガ(第15期:9/11~10/23*10/9除く)

椅子に座ったり、寝転がった姿勢でできるやさしい60分ヨガと30分お喋りのセットで、楽しくリフレッシュ。初めての人も、体が硬い・体力に自信がない人でも、無理なく参加できます。

※ 詳細・お申込みは、JSSウエブサイトまたはsenior.yoga@jss.caまで。

(3)レギュラーJSSプログラム (日本語)

1. クラフトクラブ交流会 第1・3水曜日、10時半~正午

紙クラフト 9月6日「バラの花を作ってみよう」

編み物 9月20日「色んな模様の座布団を編んでみよう」

※ お申込み・お問合せは、craftclub@jss.ca または416-385-9200まで。

2. 懐かしい日本の歌を歌う会 第2・4月曜日、13時半~15時

同じ世代の方々と集まって、誰もが若いころに一度は歌ったことのある歌を一緒に歌う会です。対面セッションを5月から開始しております。

※ お申込み・お問合せはutanokai b@jss.caまで。

JSSは新理事を募集中です

JSSでは、現在新たな理事を募集しております。私たちのチームへの参加にご 興味のある方は、JSSウエブサイトにて詳細をご確認の上、履歴書と、理事会参 加への志望動機を書いたカバーレターを、PR@jss.ca までお送りください。 Check out our upcoming September 2023 programs and events! *Pre-registration required. Visit our website and/or contact 416-385-9200 / programs@jss.ca for more details & RSVP.

(1) e-Learning Series

*Visit our website for the list of seminars & past recordings.

Heart Health for Seniors and Caregivers

Wed. Sep 13, 3pm (English with Japanese Interpretation)

There are a lot of contributing factors that can lead to a heart disease, and it is important to equip yourself with the right knowledge that can help lower your risks of getting the disease and manage the symptoms to keep it from getting worse. In this session, we will discuss topics about heart health for seniors and caregivers which includes: risk factors, prevention, and complications of high blood pressure. *Visit our website or contact programs@iss.ca to register

Safe Medication Use

Wed. Sep 27, 3pm (English and Japanese)

Improper use of medication can compromise our health and safety. Learning about safe medication use helps reduce risks and prevent potential harm, keeping us and our loved ones safe and healthy. Join us and learn more about safe medication use. *Visit our website or contact programs@jss.ca to register

(2) JSS Programs for Seniors and Pre-Seniors

1. Konnichiwa (Friendly Visiting) Program

The program is specifically designed to visit these individuals regularly, aiming to alleviate their isolation and create opportunities for their active participation in the community. The visits are conducted by JSS volunteers who understand the significance of the program and have received training in both knowledge and coping strategies as visitors. *Contact programs@jss.ca for more details and to register.

2. . Easy Yoga for Seniors

(Term 15: Mondays, Sep 15 - Oct 23, 10:00 - 11:30am)

The program provides seniors & pre-seniors (age 55+) the opportunity to enjoy a 60-min easy yoga session followed by a 30-min socializing time with fellow Japanese-speaking seniors. *Contact smsg@jss.ca for more details.

(3) JSS Regular Programs

1. Craft Club Social Wed. 10:30am - noon *RVSP at craftclub@jss.ca

Paper Craft - Sep 6 : Crafting beautiful paper roses

Knitting - Sep 20: Let's knit cushions of various patterns!

2. Nostalgic Japanese Song Singing Group *Contact utanokai_b@jss.ca

Twice a month on 2nd and 4th Monday, 1:30-3:00 pm

This is a group where you can get together with people of your generation and sing songs together that everyone has sung at least once at their young age. In-person sessions have resumed since May!

JSS is looking for Volunteer Board Members!

JSS is currently seeking new board members. If you are interested in joining our team, please review the details on our website and send your resume along with a cover letter briefly describing your interest in joining the board, to PR@jss.ca

ROHAN AT THE LOUVRE



Thursday October 5 at 7:00pm

Rohan Kishibe - a young manga artist - meets a mysterious, beautiful woman who tells him of a cursed 200-year-old painting. It was created using the blackest ink ever known taken from a 1,000-year-old tree cut down without the approval of the Emperor. The painter was executed, but the painting was saved from destruction by a curator of the Louvre. Rohan visits Paris and asks the museum to unearth the painting from deep within its archives - but he is completely unprepared for the power of the curse he will unleash.

A fast-paced mystery based on the best-selling manga features an all-star cast including Issey Takahashi, Marie Iitoyo, Fumino Kimura, Kento Nagao, Masanobu Ando

For tickets, call 416.441.2345 or www.jccc.on.ca JCCC Members \$8.85 +HST (\$10.00) Non-members \$10.62 +HST (\$12.00) JCCC Film Program Lead Sponsor







6 Garamond Court, Toronto, ON • www.jccc.on.ca

61st Annual

Issei Day

1962 - 2023

Sunday October 1, 2023 6 Garamond Court 2:00 - 4:30 pm

Registration will open on September 1, 2023

(Deadline: September 22, 2023)









online by following this link:

Dated at Toronto, Ontario, this 1st day of July 2023.

Notice of Annual General Meeting — Monday, September 25 2023

Members of the Japanese Canadian Cultural Centre are requested to attend the Annual General Meeting on Monday September 25 2023 at 7:30 pm at the JCCC, 6 Garamond Court, Toronto, Ontario M3C 1Z5.

AGENDA

1)	Approve Minutes of AGM – September 26 2022	Sharon Marubashi
2)	Report from the Finance Chair	Linda Ono
3)	Appointment of Auditor for the ensuing year	Linda Ono
4)	Appreciation to Retiring Board Members	Chris Hope
5)	Approve Nominations to the Board	Sharon Marubashi
6)	Message from the President	Chris Hope
7)	Close of Business	
•	no will not be present in person can sign the attached son or by completing the Proxy Form. This form can	•

By order of the Board of Directors,

Please Print Name

Please Print Name

6 Garamond Court, Toronto, Ontario M3C 1Z5 Tel 416.441.2345 Fax 416.441.2347 www.jccc.on.ca

^{*} Family membership entitles each of the 2 adults in the same family and residing at the same address to exercise one vote each. You may leave the appointment name blank; your proxies will be exercised by a member of the JCCC Executive Committee or JCCC Board of Directors.

JCCC Cultural Programs

For over fifty years, the cultural arts program at the Japanese Canadian Cultural Centre has introduced traditional Japanese arts to the Canadian community at large. Led by many dedicated and talented volunteer instructors, the JCCC cultural arts program has endeavored to cultivate an appreciation for Japanese arts and develop the skills necessary to enjoy participation. *JCCC membership is required for all programs.

Fall 2023 REGISTER NOW!

Ikebana - IKENOBO

Flower Arrangement

Wednesday Class

Sep 6, 13, 20, 27, Oct 18, 25, Nov 1, 8 7:30-9:00pm All Levels

Thursday Class

Sep 7, 14, 21, 28, Oct 19, 26, Nov 2, 9 1:00-2:30pm All Levels

Series Fee (8 classes): \$90 plus HST

*Additional fee (\$150 + HST) to be paid to instructor. *Starter Kit is available at JCCC Reception.

SUMI-E

Brush Painting

Wednesday, Sep 20, 27, Oct 4, 11, 18, 25, Nov 1, 8

Creative Sumi-e Course

10:30am -12:00pm

*Students must have 3 years experience & up

Beginner, Intermediate & Advanced Levels

1:30-3:00pm All Levels

Series Fee (8 classes): \$105 plus HST

*Starter Kit is available at JCCC Reception.

CHADO Introductory

Tea Ceremony

Sunday, Sept. 10, 17, 24, Oct. 1, 15 10:00am – 1:00pm

Series Fee (5 classes): \$105 plus HST

*Tea and sweets are included in the class fee.

*Required items such as Fukusa set can be lend from teachers during the basic course. Students who wish continue taking courses after the basic course need to purchase them.

BUNKA SHISHU

Japanese "Needle Punch" embroidery

Tuesday Class

Sep 19, 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21 10am – 12:00pm All Levels

Friday Class

Sep 22, 29, Oct 6, 13, 20, 27, Nov 3, 10, 17, 24 1:00-3:00pm All Levels

Series Fee (10 classes):

\$65 plus HST for seniors / \$95 plus HST for adults

*Starter Kit \$25 + HST) is available from the instructors.

Ikebana - SOGETSU

Flower Arrangement

* Previously enrolled students / Experienced only in this session

Saturday, Sep 23, Oct 21, Nov 25

Beginner 2 AM Class 10:30am – 12:00pm

Intermediate & Advanced Class 12:30-2:00pm

Beginner 2 PM Class 2:30 – 4:00pm

Series Fee (3 classes): \$90 plus HST

*Additional fee (\$75 + HST) to be paid to instructor.

For 'Japanese Language for Adults', the schedule will be announced soon.

For all who are interested in joining the next sessions, you can sign up to our NOTIFICATION LIST. >>>>>>> Please contact us at jccc@jccc.on.ca (416-441-2345) for any inquiries.









Come and volunteer with the JCCC! Scan the QR Code or email volunteer@jccc.on.ca to find out more.

Office Space Available at JCCC

Come and join the community!

We have office space available for lease at the JCCC (from 672 – 2,693 sq. ft.)

Please contact our property manager, Jim
Abe for more details at:

Cell: 416-884-8328, email: jim@abecopml. com, or Nao Seko: 416-579-6921



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